

Lesson Plan

PATH FINDERS

Chapter 14

The Liturgical Year and Christian Life

Objective

God wished his people to recall all the majestic things performed by our Lord and pay thanks to him for the wonderful acts.

In this lesson ,the majestic things and mysteries of Jesus's life with respect to the liturgical seasons is explained.

Introduction

Explain liturgical year – from Jesus's birth to the glorious second coming.

As a background recall the festivals celebrated in Israel and the incidents where God spoke to Moses.

Life of each Christian is a call for a messianic experience. And how the same is experienced before thy secure the heavenly bliss. In one year ,the main events in Jesus's salvific life to church's heaven entry is arranged in an orderly manner.

The liturgical year is divided into 9 seasons

Teaching strategy

- *Easter is chronologically centre of the season.*
- *The liturgical seasons are from the preparation and birth of Jesus Christ to resurrection and then from the resurrection of Jesus to His glorious second coming*

- *The experience of each seasons is brought through, special thoughts, special prayers and special songs , which are arranged in the Holy Mass*

Liturgical season is the pilgrimage of church through the life of Jesus.

In principle the seasons are divided based on 7 weeks

1. *For annunciation and Dedication of church- 4 weeks duration*
2. *For Lent, Easter and Apostles – 7 weeks*
3. *For the remaining seasons, rest of the weeks.*

Presentation of the Topic

1. Annunciation

- **Key word –“Subhara” period of announcements -Syriac word**
- **Period and duration – 4 Sundays before Christmas**

2. Nativity

- **Period and duration : 25th December, Christmas day to 6th January, day of feast of Epiphany.**
- **Important thoughts – birth of Jesus, his presentation in the temple, the visit by the Wise men and the escape to Egypt**

3. Epiphany

- **Period and duration : 6th January, day of feast of Epiphany.**
- **Important thoughts - Baptism and public life of Jesus**

4. Lent

- **Period and duration : Pethurtha to Easter- 7 weeks**
- **Basis: 40 days fasting in Scriptures**
- **Important thoughts – meditate on the mysteries of Jesus’ passion and death and engage in doing penance for our sins**

5. Easter

- **Period and duration : 7 weeks from Easter to Pentecost**
- **Feast – all saints day – first Friday after Easter**
- **New Sunday – 2nd Sunday after Easter**

6. Apostles

- Key word : Sliha -one who is sent
- Period and duration : from Pentecost 7 weeks
- Important thoughts –descent of Holy spirit, apostles and church

7. Summer

- Key word : Kaitha -meaning summer
- Period and duration : 7 weeks after seasons of Apostles
- Important thoughts –seasons of fruits or seasons of Harvest
- Recall the growth of church and its strong foundation

8.Elijah-Cross-Moses

- Period and duration : 7 weeks after seasons of Apostles
- Feast : feast of the Exaltation of cross -14th September
- Important thoughts –setting oneself free of sins, wait for the second coming of Jesus

9. Dedication of the Church

- Period and duration : last 4 weeks
- Important thoughts: Jesus dedicating the church His bride to God on doomsday.
- It is based on four events of consecration in old testament.

Habit Formation

Active participation in Holy Mass and meditate on the theme of the season to reflect upon.

Activity

Make a chart denoting the 9 seasons of Liturgical year.

Bible Verse

"You are the light of the world... Let your light shine before others."

— Matthew 5:14,16