

Grade 12 Catechism Lesson Plan

Chapter 3: My Mother and the Saints

Duration: 45–60 minutes

I. Learning Objectives

By the end of the lesson, students will be able to:

- ❖ Explain the four Marian Dogmas.
- ❖ Understand why Catholics venerate Mary and the saints but worship only God.
- ❖ Appreciate the role of Mary and the saints as models and intercessors.
- ❖ Reflect on their own call to holiness and identify practical ways to become saints in today's world.

2. Introduction (10 minutes) – Part I

Activity: "Who Is Your Influencer?"

Show pictures (or ask students to name):

- Cristiano Ronaldo
- Lionel Messi
- A famous singer
- A YouTuber
- A parent
- Mother Teresa
- Pope Francis

Then ask:

Whose opinion influences you the most?

Who has changed your life positively?

If you could spend one day with one person, who would it be?

Now ask:

"If we admire successful people on earth, shouldn't we also admire those who successfully reached Heaven?"

Transition:

"Today's lesson is about the greatest disciple of Jesus—Mother Mary—and the saints who successfully completed their journey to Heaven."

Ask:

What one word describes Mary?

(Expected answers: Faith, Obedience, Trust, Humility.)

3. Presentation of the Lesson

➤ **Part A – Why is Mary Special?**

Write on the board:

JESUS → MARY → CHURCH → US

Explain:

Mary is important because of Jesus, not because of herself.

Every Marian devotion should always lead us closer to Christ.

➤ **Part B – The Four Marian Dogmas**

i. **Immaculate Conception**

Meaning:

Mary was preserved from Original Sin from the first moment of her conception.

Memory line:

"Prepared by God for Jesus."

ii. **Mother of God**

Explain:

Mary is called Mother of God because Jesus is truly God and truly man.

Bible:

Luke 1:43, "The Mother of my Lord."

iii. Perpetual Virginity

Explain:

Mary remained a virgin before, during and after the birth of Jesus.

Stress:

This highlights God's miraculous plan.

iv. Assumption

Explain:

At the end of her earthly life, Mary was taken body and soul into Heaven.

Question:

Why?

Because she remained perfectly faithful to God.

v. Mary: Our Mother

Read:

John 19:26-27 "Woman, behold your son... Behold your mother."

Explain:

Jesus gave Mary to the whole Church.

She is our spiritual mother.

vi. Mary and the Saints

Draw three circles:

God

↓

Mary

↓

Saints

Explain:

We worship only God.

We honour Mary.

We venerate saints.

Use a simple comparison:
Respecting your principal does not mean you love your parents less.
Likewise,
Honouring Mary never reduces our worship of God.

vii. Communion of Saints

Explain using one sentence:

"The Church has three parts."

Church on Earth

Souls in Purgatory

Saints in Heaven

All remain united in Christ.

viii. We Are All Called to Be Saints

Read: **Matthew 5:48**

"Be perfect, therefore, as your heavenly Father is perfect."

Ask:

"What is your definition of a saint?"

Then explain:

A saint is not someone who never sinned.

A saint is someone who never stopped returning to God

4. Interactive Activity - 15 minutes

1. "Heaven's Instagram Profile" ★ (Highly Recommended)

Tell students:

"If Mother Mary or a saint had an Instagram profile, what would it look like?"

- In groups, they create a profile on chart paper with:
- Username
- Bio (150 characters)
- Profile picture (draw or describe)
- Three "posts"
- Three hashtags

Example:

@mothermary

Bio: "Servant of the Lord | Bringing people closer to Jesus | Pray. Trust. Love."

Posts:

The Annunciation

Wedding at Cana

At the foot of the Cross

Hashtags:

#LetItBe

#TrustGod

#MotherOfJesus

Then ask: "Would you follow this account?"

2. Courtroom Debate: "Is Mary Still Relevant Today?"

- Create a courtroom.
- Characters:
 - Judge
 - Lawyer defending Marian devotion
 - Lawyer questioning Marian devotion
 - Witnesses (Bible, Church History, Wedding at Cana, John at the Cross)
 - Students argue respectfully using Scripture and Church teaching.

This develops critical thinking and apologetics.

"Thomas, who was called the Twin, said to his fellow disciples, 'Let us also go, that we may die with him.'"

5. Choose any Activity

Show a candle.

Say:

"A saint is not someone who shines by themselves. A saint shines because Christ shines through them."

Challenge:

"God is not calling you merely to become successful. He is calling you to become holy."

Take-Home Challenge For the next 7 days:

- **Pray one decade of the Rosary daily.**
- **Read one Gospel passage.**
- **Perform one hidden act of kindness.**
- **Ask one saint to intercede for you each day.**

Key Message

"Every Marian devotion leads us to Jesus, every saint points us to Christ, and every Christian is called to become a saint"

6. Bible Verse

Luke 1:38 " I am the servant of the Lord. Let it be done to me according to your word."

7. Conclusion

Every Marian devotion leads us to Jesus, every saint points us to Christ, and every Christian is called to become a saint."